# A Healthy Way of Giving Back to the Community: UST Community Donation Race

- ☺ The UST Community Donation Race is an activity in which faculty members and students across the 32 UST campuses (schools) can participate to give back to the community.
- Upon joining, participants can chose the field they wish to donate to and set their own mission goals among given category. After completing the race, UST will convert the amount of the mission goal that has been achieved to a matching monetary amount, which will be donated to the designated recipient.

### [Event Summary]

- □ Target Participation : Faculty member, student, campus coordinator, Headquarters staff
- □ Application Period: Starting from April 15, 2021 until the maximum amount of allocated donation funds have been reached. (on a first-come, first-served basis)
- □ Event Period: April 17, 2021 ~ June 13, 2021
- □ Participation Fee: None
- □ Where to Participate: Anywhere across the country
- □ How to Participate: During the competition period, race at any time and place using the GPS app(Any GPS apps can be used)
- □ Types of Participation: 3 races- "Run"(running)/"Roll"(cycling)/"Up"(climbing)

Race	Category	Goal	UST matching donation
UST- <mark>Run</mark>	With 32 campuses(schools)	3.2km or more	KRW 5,000won
	UST Foundation Anniversary	10.22km or more	KRW 10,000won
UST- <mark>Roll</mark>	Overcome Corona 19	19km or more	KRW 5,000won
	Science day (4.21)	42.1km or more	KRW 10,000won
UST- <mark>Up</mark>	π	314m or more	KRW 5,000won
	Avogadro	602.2m or more	KRW 10,000won

- There is no time limit for achieving any given mission goal, but it must be completed within the same day it is started.
- Combined records are also acknowledged for family members of four members or fewer who participate together. (Example: 1.5km × family of three = 4.5km). However, rewards are given to only one person.

## [Participation Information]

□ Participation Procedure

Step	Details		
1	Sign up to participate		
	(Link: <u>https://forms.gle/R4i5FyerpZGncZc27</u> )		
2	Participate in the race at any place at any time during		
	the designated event period		
3	As you complete your mission goals, share pictures of		
	yourself participating in the race on social media with		
	the hashtags #UST#USTRACE#School Name(#Campus		
	Name)		
4	Completion Registration		
	(Link: https://forms.gle/xUWdaF5cJ8ARspyWA)		
5	Receive commemorative rewards for completing the		
	race		

 Participation Confirmation: Participants names, campuses(schools), and majors of all participants can be reviewed at UST homepage board "Announcement of the Participation Confirmation"

#### □ Completion Registration

- During the event period, participants can register completion of an activity by posting screenshots of either ① the distance(or height) record using the GPS app or ② the upload mission on social media to the Completion Registration page online.
- Registration Confirmation: Participants names, campuses(schools), and majors of all participants can be reviewed at UST homepage board "Announcement of Completion Confirmation"
- X As a part of the UST Community Donation Race, we are planning to collect donations from participants who are willing to donate additional funds. We encourage participants to consider helping out the community as much as they can. Information on any additional donations that are made will be shared later with participants who complete the event.

### [Rewarding]

- □ Completion Reward: Starbucks Iced Caffe Mocha(tall) mobile coupon
- Derize Reward

#### [Paris Baguette Cake mobile coupon]

- Winner of 10.22: Awarded to 1 faculty member and 1 student who run 10.22km in the shortest time
- Longest Rider: Awarded to 1 faculty member and 1 student who ride the longest distance
- Winner of Elevation: Awarded to 1 faculty member and 1 student who climb the highest elevation
- UST Iron Person: Awarded to 1 faculty member and 1 student who first registers completion of all three types of races
- Most Likes on Instagram: Awarded to 1 participant who uploaded to social media with all of the required hashtags
- Most Photogenic: Awarded to 1 participant who best incorporates UST when enjoying the race

\* When sharing on social media, participants MUST include UST somewhere in their post.

[Baskin Robbins Ice Cream(quarter) mobile coupon]

- Early Bird: Awarded to 1 participant who first registers completion of a race in each category
- Oldest Participant
  - \* Does not apply to family members and other joint participants.
- The More the Merrier: Awarded to 1 participant who first registers completion of a race together with family members or friends
  - \* Family, friends, etc. should be identified in the post.
- Lucky Me: Draw for winner up to 5 participants who successfully registered completion of the race
- \* Participants cannot win more than one award.
- \* The number of awards is subject to change depending on the size of the competition participants.
- \* If a participant participate in the event in an inappropriate manner, the selection of the award can be canceled

### [Important]

- □ Safety Rules for Participants
  - Practice proper social distancing
  - Take weather conditions(rain or high/low temperatures) into consideration and wear appropriate clothing(raincoat, windbreaker, etc.)
  - Do some warm-up exercises beforehand
  - Only use safe courses
  - Carry water with you using a personal tumbler
  - When participating, please maintain proper social distancing and follow all other public health guidelines(wearing a mask, etc.).
- □ Monitor your Health
  - Participants must be healthy enough to complete the race without putting their health at risk.
  - As cardiovascular and other illnesses may be present without any clear

signs or symptoms, all participants are encouraged to undergo a health check-up prior to the event.

- Participants are urged to participate in the event only after they have carefully taken all necessary health precautions.